

Stryder Social

going places.

September & October 2026

✿ Spring into Social Outings! ✿

September and October are here, bringing warmer days, brighter skies and plenty of opportunities to get out and enjoy spring!

It's the perfect time to reconnect with friends, explore new places, enjoy a delicious meal, discover something different and make some wonderful memories along the way.

Our upcoming Stryder social outings are a great way to meet new people, catch up with familiar faces and enjoy a fun day out in good company.

As the weather warms up, remember to check the forecast before heading out, dress comfortably, stay hydrated and slip, slop, slap when enjoying the sunshine. Most importantly, take care of yourself and enjoy each outing at your own pace.

Change in booking process

To ensure a fair and smooth booking process, we are changing the way we accept bookings for September and October.

Phone and online bookings

For September Outings only, bookings will open on Tuesday the 25th of August at 11am. October bookings cannot be made at this time.

Bookings for October Outings will open on Tuesday the 15th of September at 11am.

Please note, we will not accept bookings received before the dates specified. Our aim is to make the booking process fairer for all, manage phone traffic so that important calls can still get through,

and reduce the number of cancellations we receive by shortening the booking window.

Places are limited and subject to availability, to reduce the chances of missing out, please contact our friendly team within the booking windows:

✉ Email: social@stryder.org.au

🌐 Visit: www.stryder.org.au

☎ Call: 9816 5000

Thank you for your understanding and continued support. *Varsha Shrivastava- Social Coordinator*

Message from our CEO



Nick Ludgate- Chief Executive Officer

"It's been a busy and enjoyable first six weeks at NSCTG-Stryder.

I've spent much of that time out and about meeting staff and clients, having meaningful conversations, and joining our buses to say hello in person. It's the best way I know to truly understand an organisation. What's struck me most is the people. The passion and commitment I've seen across the team has been genuinely impressive, and it's given me a real appreciation for what makes Stryder work.

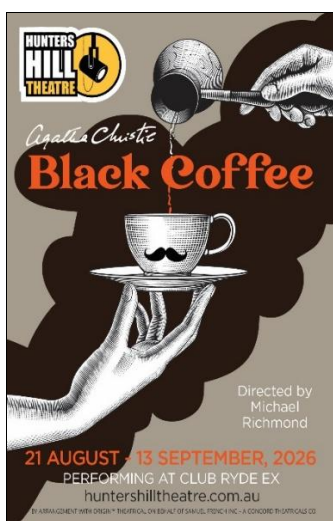
There's plenty ahead of us, and I'm looking forward to the opportunities we have to grow and do even more for our clients and communities.

Kind regards, Nick

Upcoming Highlights

- Hunters Hill Theatre Outing
- Tulip Time Flower Festival-Bowral
- Jacaranda Extravaganza

Hunters Hill Theatre



Christmas in July- In Photos



Guide To Bus Cost

Bus Cost for subsidised clients (CHSP, CTP)

The subsidised rate is for eligible clients over 65. It is called the Commonwealth Home Support Program (CHSP). The majority of Stryder's clients already receive CHSP subsidised rates. We also have a different bucket of funding we can use for eligible clients under 65. Please call the office and discuss with the client service team to see if you are eligible.

Standard Bus Cost (Support at Home Clients and other non-subsidised clients)

For clients who are on a Support at Home package (SaH), we charge our standard rate to your SaH provider. Other clients who choose not to go through My Aged Care are required to pay the standard rate and be on account (no cash payments).

NOTE: Cost of trip includes the bus trip only. Any morning tea, lunch and entry fees are extra and paid directly to the venue (unless we request pre-payments).

Accessible Key Guide

Good Access	✓
Stairs	
Easy Walking	
Moderate Walking	
Lots of Walking	

We have introduced these accessible symbols that indicate whether the social trip has stairs to be negotiated and the amount of walking required.

	SEPTEMBER SOCIALS <u>Bookings open on Tuesday the 25th of August at 11am</u> View and book at www.stryder.org.au/events Or call 9816 5000	• Subsidised bus cost is GST free • Standard Fee Bus Cost includes GST
Date	Description	
Wednesday 2nd September BOTH SIDES ✓	The Ranch, North Ryde – You’ve asked, so we’re delivering! Let’s try this well-known local pub for lunch. They serve a variety of traditional pub food. They also have a seniors’ lunch special for \$17.50, with cake and coffee for \$7.00. (Battered fish, Grainge’ rump, chicken schnitzel and more.) Bus Cost: \$25 (subsidised) \$61 standard fee clients. Lunch at own expense.	
Thursday 3rd September BOTH SIDES ✓	Dural Country Club – This club is a hidden gem in the heart of the Hills District. Surrounded by lush greenery, this welcoming spot is perfect for kicking back, relaxing and enjoying a menu packed with delicious choices. Bus Cost: \$30 (subsidised) \$72 standard fee clients. Lunch at own expense.	
Tuesday 8th September BOTH SIDES ✓	Royal Motor Yacht Club, Newport – The Royal Motor Yacht Club, Broken Bay, is situated on the beautiful waters of Pittwater and is widely recognised as one of Australia’s premier Yacht Clubs. Enjoy brunch in the Providore Café (sandwiches, pies). Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense.	
Thursday 10th September BOTH SIDES ✓	Long Reef Golf Club – This is an old favourite but such a great view and great place to sit for lunch in the spring sunshine. Come and enjoy the spectacular scenery overlooking Fisherman’s Beach and Long Reef Headland. The White Rock Café offers amazing food in a very relaxed atmosphere. Please bring your ID. No ID means no entry for this club. Bus Cost: \$30 (subsidised) \$72 standard fee clients. Lunch at own expense.	
Saturday 12 September BOTH SIDES ✓ Prepayment Needed 	Hunters Hill Theatre – Agatha Christie Black Coffee Who doesn’t love an Agatha Christie whodunit? After a secret document is stolen from his country mansion, accomplished physicist Sir Claud Amory dies with a deadly bitter taste in his mouth. Hercule Poirot is called in and confronts the tangle of usual suspects - family friends, old flames, suspicious foreign guests and of course a butler... along with a chest full of poisons. “How do you take your coffee Monsieur?” Please pre-pay for your ticket at time of booking (lunch at own expense). Bus Cost: \$20 (subsidised) \$55 standard fee clients. Places are limited to 15 tickets	

Thursday 17th September BOTH SIDES ✓ Prepayment Needed 	Tulip Time - Bowral-Tulip Festival / Bowral & Mittagong RSL – Get ready to tiptoe through a sea of colour at the blooming-beautiful Tulip Festival, an annual treat that’s too pretty to miss! We’ll stroll among the flowers, breathe in that fresh spring air and visit the wonderful stalls before heading to Mittagong RSL for a well-earned lunch. There will be walking, so bring your most comfortable shoes and your sense of adventure. It’s an early start and a late return, but we promise it’ll be worth it! Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense.
Tuesday 22nd September BOTH SIDES ✓	Back by popular demand Little Snail Restaurant – Ultimo – Fancy Pants lunch – Cost \$48 – pay on the day. Oh, là là! We are heading off for a true taste of France at this delightful restaurant. Savour a scrumptious 3 course meal filled with classic flavours and French flair. Bus Cost: \$25 (subsidised) \$61 standard fee clients. Lunch at own expense.
Thursday 24th September BOTH SIDES ✓	Galston Club – First stop, coffee at Salinga Café in Cumberland State Forest, followed by lunch at Galston. Have a good time with friends while indulging in tasty fish, prawns and steaks. They have some delicious, sweet treats as well! This will be a good day to get out of the house and enjoy a semi-rural drive. Bus Cost: \$30 (subsidised) \$72 standard fee clients. Lunch at own expense.

	OCTOBER SOCIALS <u>Bookings open on Tuesday the 15th of September at 11am</u> View and book at www.stryder.org.au/events Or call 9816 5000	• Subsidised bus cost is GST free • Standard Fee Bus Cost includes GST
Date	Description	
Thursday 1st October BOTH SIDES ✓	Yarra Bay Sailing Club – Come and treat yourself to a delicious set menu beside the sparkling waters of Yarra Bay, just a stone’s throw from the stunning shores of La Perouse. Bus Cost: \$30 (subsidised) \$72 standard fee clients. Lunch at own expense.	
Tuesday 6th October BOTH SIDES ✓	Strathfield Golf Club – Come and enjoy this sleek bistro, which has stunning views over the golf course. Bistro 18 offers delectable options for every type of diner. Bus Cost: \$25 (subsidised) \$72 standard fee clients. Lunch at own expense.	

Thursday 8th October BOTH SIDES ✓	The Beach Club, Collaroy – The Beach Club, as it is known today, is located within heritage-listed Arlington Hall on Sydney’s Northern Beaches and its stunning location right on Collaroy Beach provides patrons with incredible views over the Pacific Ocean stretching from the Central Coast to Long Reef. Bus Cost: \$30 (subsidised) \$61 standard fee clients. Lunch at own expense.
Tuesday 13th October BOTH SIDES ✓	Bondi Icebergs Club – We’re going to visit Australia’s most iconic club, built in 1929, overlooking the spectacular Bondi Beach, it would be hard to find a better view in Sydney! Feast on a club favourite or enjoy some local seafood. Bus Cost: \$30 (subsidised) \$72 standard fee clients. Lunch at own expense.
Thursday 15th October BOTH SIDES ✓ 	Malia’s Mystery Trip Malia could whisk you away north, south, east, or west—where she’s headed is anyone’s guess! It’s all part of the mystery and the fun. This outing is a crowd favourite, so be sure to book your seat early and join the adventure! Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense.
Tuesday 20th October BOTH SIDES ✓	King Tide Café - Brooklyn – You can’t sit much closer to the water than this. This is a nice place to escape the hustle and bustle of Sydney and enjoy relaxing water views, great food and friendly service. Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense.
Thursday 22nd October BOTH SIDES 	Club Palm Beach – The Barren Bistro offers extensive specials which change daily. After a delicious lunch, take a stroll down to the Palm Beach Wharf for a paddle or just sit and take in the picturesque view. Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense
Tuesday 27th October BOTH SIDES ✓ 	Jacaranda Magic – Join us for a Day of Purple Bliss! Step into a world of lilac skies and blooming beauty! Our Jacaranda Day Out is the perfect chance to relax, laugh, and wander beneath the stunning purple canopy. Enjoy comfortable travel, great company, and plenty of time to soak in the sights. Don’t miss this unforgettable spring escape! Lunch will be at The Boathouse at Balmoral Beach. Bus Cost: \$25 (subsidised) \$61 standard fee clients. Lunch at own expense.
Thursday 29th October BOTH SIDES ✓	Cronulla RSL – The renovated restaurant, called the Bonfield is named in honour of Beryl Bonfield who dedicated her life to nursing during the Australian Imperial Force in WWII. The restaurant combines great casual dining with simply stunning views. Bus Cost: \$35 (subsidised) \$77 standard fee clients. Lunch at own expense.

Pre-payment Summary

Please make pre-payment when booking via phone - have your credit/debit card ready. Bus Cost is charged on day of outing. **Sorry, but no refunds if you cancel as we are required to prepay ourselves.**

Hunters Hill Theatre - Saturday 12th September 2026 - Prepayment Required to secure spot	Ticket Cost Pre-payment \$32.50 Non-refundable	Total Prepayment \$32.50
Tulip Festival-Bowral Thursday 24th September 2026	Ticket Cost \$12	Total Prepayment \$12

SHOPPING & SHUTTLE SERVICES All Services must be pre-booked and are door-to-door		
SERVICE	DAY	TIMES
Macquarie Shopping Centre Assisted Service \$15/\$44	TUESDAYS	Arrive 10.00am Depart 12.00 noon
Macquarie Shopping Centre Assisted Service \$15/\$44	FRIDAYS	Arrive 9.30am Depart 12.30pm
Cox's Rd, North Ryde Shopping Centre \$15/44	THURSDAYS	Arrive 11.00am Depart 1.00pm
Gladesville Shopping Centre \$15/\$44	FRIDAYS	Arrive 9.30am Depart 11.30am
Lower North Shore Shuttle	MONDAY - FRIDAY	Operates between 8.00am and 5.00pm
North Ryde RSL Shuttle FREE SERVICE	MONDAY - FRIDAY	Operates between 9.00am and 5.00pm
Limit of 2 bags per person. No Shopping trolleys. All Services must be pre-booked.		