



Stryder Socials

going places.

May & June 2026

As the cooler months roll in, be sure to rug up for our outings and stay cosy while you are out and about! We have got a fantastic lineup of fun things to see and do, so you won't want to miss out. Flu vaccinations are highly recommended to keep you feeling your best and ready to join in the fun and don't forget, Stryder is happy to assist with transport to your doctor if needed.

Be sure to secure your spot early! Simply send us an email at social@stryder.org.au or visit our website or give a call at the office on 9816 5000.

Upcoming Highlights

- Mother's Day High Tea
- New Sydney Fish Markets
- Helen's Birthday Celebrations
- Hunters Hill Theatre
- Vivid Night Tour

Social Program Mailing List

Every year we ask for a donation to cover the cost of producing the Social Program. The cost is now \$20 per annum to cover the cost of increased postage. Enclosed is a payment form for you to complete and return. Your contribution towards this cost is very much appreciated. We also ask if you would like to receive the Social Program by email to please let us know and we can put you on the email list.

Service Agreements

Under the new Aged Care Act, we are required to provide all clients with a Service Agreement, which is enclosed for your review. Please take a moment to read through the document, and once completed, kindly return the pages outlined at your earliest convenience using the reply-paid envelope provided.

- **Page 7** – Client Acknowledgement & Agreement
- **Page 8** – Client Signature
- **Page 9** – How We Can Support Your Needs & Access to Services.

If you are receiving CHSP subsidised transport, you should sign a **CHSP Service Agreement**. If you are receiving Support at Home (SAH/HCP) and have a plan manager, you should sign a **Support at Home Service Agreement**. If we have not enclosed the *correct* agreement for your circumstance, please contact the office.

General News

Please be advised that we kindly request you contact the office upon completion of your medical appointment. The office will then notify your driver accordingly. Please note that a return window of up to 30 minutes is allowed. If you do not use a mobile phone, please ask the medical receptionist to give the office a call.

We are saddened to announce the stepping down of our CEO Carla Northam. Throughout her tenure Carla has provided exceptional leadership, guiding the organisation through significant milestones, including the introduction of aged care reforms and the successful merger of both organisations.

Carla's enthusiasm and warm approachable nature have made a lasting impact. Carla will be greatly missed by all. We sincerely thank Carla for her dedication, and we wish her every success in her future endeavors.

We would also like to welcome aboard our new driver Alex and our new Bus Assistant Debbie, please make them feel welcome.

Robyn Musgrave – Social Coordinator

Accessible Key Guide	
Good Access	✓
Stairs	
Easy Walking	
Moderate Walking	
Lots of Walking	
We have introduced these accessible symbols that indicate whether the social trip has stairs to be negotiated and the amount of walking required.	

Guide To Bus Cost	
Bus Cost for subsidised clients	The subsidised rate is for eligible clients over 65. It is called the Commonwealth Home Support Program (CHSP). The majority of Stryder's clients already receive CHSP subsidised rates. We also have a different bucket of funding we can use for eligible clients under 65. Please call the office and discuss with the client service team to see if you are eligible.
<i>Note: From 1 July 2025 we are required to have your My Aged Care number, to claim the Government subsidy.</i>	
Standard Bus Cost for Home Care Package Clients	For clients who are on a Support at Home package (SaH), we charge our standard rate to your SaH provider. Other clients who choose <u>not</u> to go through My Aged Care are required to pay the standard rate and be on account (no cash payments).
NOTE: Cost of trip includes the bus trip only. Any morning tea, lunch and entry fees are extra and paid directly to the venue (unless we request pre-payments).	

Hunters Hill Theatre
















MAY SOCIALS

View and book at www.stryder.org.au/events
Or call 9816 5000

- Subsidised bus cost is GST free
- Standard Fee Bus Cost includes GST

Date	Description	
Wednesday 6th May BOTH SIDES ✓	Marconi Club – Buffet – Get ready for a delicious adventure! Come and enjoy a world of flavours all in one place – featuring tasty Asian favourites, European delights, fresh seafood and a must visit to the mouth-watering dessert stations. Bus Cost \$30 (subsidised) \$72 standard fee clients – Lunch Cost \$24.80	
Thursday 7th May BOTH SIDES ✓	Mother’s Day High Tea – Vanilla Cream Cafe – Pay on the day - \$39.95 – Celebrate all our wonderful Mums this Mother’s Day. Join us for a delightful High Tea at a charming hidden gem café beautifully nestled in the bushland of Amaroo Park. Bus Cost: \$30 (subsidised) \$72 standard fee clients.	
Monday 11th May BOTH SIDES ✓	Ryde Library – Cancer Council - Biggest Musical Morning Tea – Help raise money for the Cancer Council with a special morning tea featuring two talented performers from Season One of the ABC’s “The Piano”. Gold coin donation – 10.30am – 12.00pm Bus Cost: \$20 (subsidised) \$50 standard fee clients.	
Tuesday 12th May BOTH SIDES ✓	The Vicar (Dural)/Scenic Drive Fagan Park – Bus Cost \$25 (subsidised) \$61 standard fee clients. Lunch Specials.	
Thursday 14th May BOTH SIDES ✓ 	Terrey Hills Tavern/Akuna Bay – Enjoy a scrumptious lunch at the Terrey Hills Tavern in a relaxed atmosphere. Afterwards, sit back, relax, and take in the beauty of a scenic drive through lush bushland as we make our way to Akuna Bay. Bus Cost \$25 (subsidised) \$61 standard fee clients. Lunch Cost: \$25-\$35	
Wednesday 20th May BOTH SIDES ✓ 	Rowers on Cook – Wollie Creek – Back to one of our favourites! Join us for a laid-back day by the water. Come and enjoy the stunning views of the Cooks River while the talented chefs whip up something delicious. Please note there are 3 steps leading into the main bathrooms. Bus Cost: \$25 (subsidised) \$61 standard fee clients. Lunch Cost: \$25-\$35	
Thursday 21st May BOTH SIDES  	New Sydney Fish Markets/Club Willoughby – Get ready for a fantastic day out at the brand-new Sydney Fish Markets! With over 40 retailers to explore – including fresh seafood outlets, specialty stores, cafes and restaurants. Take a leisurely wander and soak up the vibrant atmosphere, grab yourself some morning tea. Afterwards we will head to the newly renovated Club Willoughby. Bus Cost \$20 (subsidised) \$50 standard fee clients. Lunch Cost: \$25-\$35 (Independent clients with mobile phone) Lots of walking!	
Tuesday 26th May BOTH SIDES ✓ 	Ramsgate RSL – Just minutes from Ramsgate Beach, Mike’s Grill is serving up a mouth-watering lineup of dishes, plus tempting lunchtime specials you won’t want to miss! After we have indulged, we will take a leisurely stroll along the beautiful coastline before heading home, soaking up those seaside vibes along the way. Bus Cost: \$25 (subsidised) \$61 standard fee. Lunch Cost: \$25-\$35, Please note there are 3 steps down to bathrooms.	
Thursday 28th May BOTH SIDES ✓	Helen’s 100th Birthday Lunch – Carnarvon Golf Club – Come and join in celebrating a milestone as Helen marks her 100 th Birthday! It’s a truly special occasion and we would love you to be part of the festivities. Bus Cost \$25 (subsidised) \$61 standard fee clients. Lunch Cost: \$25-\$35	

	<h2>JUNE SOCIALS</h2> <p>View and book at www.stryder.org.au/events Or call 9816 5000</p>	<ul style="list-style-type: none"> • Subsidised bus cost is GST free • Standard Fee Bus Cost includes GST
Date	Description	
Tuesday 2nd June BOTH SIDES 	Vivid Night Tour – (Late night) Come and enjoy Sydney’s showcase of immersive light installations and projections. Once again Stryder has exclusive access to Hickson Road which gives us full view of the Opera House. Pull out your winter woollies and take a walk to see our wonderful city lit up! We will have a comfort stop at the Stryder office before heading into the city. Please make sure you have dinner before boarding the Stryder Vivid Express! Special access from 6.30pm – 7.30pm. Bus Cost: \$35 (subsidised) \$77 standard fee clients.	
Thursday 4th June BOTH SIDES ✓	Dee Why RSL & Northern Beaches Scenic Drive – Bus Cost \$25 (subsidised) \$61 standard fee clients – Lunch Cost: \$25-\$35	
Wednesday 10th June BOTH SIDES ✓	Bankstown Golf Club – Swing into a world of flavour and delight your senses with an Italian Fiesta. Bus Cost \$25 (subsidised) \$61 standard fee clients – Lunch Cost: \$25-\$35	
Thursday 11th June BOTH SIDES ✓	Log Cabin – Penrith – Bus Cost \$30 (subsidised) \$72 standard fee clients – Lunch cost: \$25-\$35 (New Seniors Menu).	
Wednesday 17th June BOTH SIDES ✓ 	Archibald Exhibition – New South Wales Art Gallery – no bus assistant on this outing, independent clients with mobile phone – purchase own ticket at the entrance \$27.00. Lunch at own expense at the Café. Our driver will drop you off at 11.00am and return to collect clients at 2.00pm. Bus Cost \$20 (subsidised) \$55 standard fee clients.	
Thursday 18th June BOTH SIDES ✓	Malia Mystery Trip – From the moment you hop on the bus you are guaranteed a fun-filled day out with plenty of laughs and good times along the way. Bus Cost: \$30 (subsidised) \$72 standard fee clients – Lunch Cost: \$25-\$35.	
Saturday 20th June BOTH SIDES ✓ 	Hunters Hill Theatre/Club Ryde – (Pre-payment \$32.50) Recent widower, writer George Schneider, is encouraged by his younger brother Leo to start dating again. This sends George into even more depression after a series of bad matches. Then Leo comes up with Jennie Malone, and she’s a keeper. Still, it’s a bumpy trip on the road to Dreamland for these not-so-young lovers. Lunch will be in the Bistro before the show. Please note there are 6 steps up to the Theatre. Bus Cost: \$20 (subsidised) \$55 standard fee clients. Lunch Cost: \$25-\$35	
Tuesday, 23rd June BOTH SIDES ✓	Bunnings Rydalmere/Silverwater Hotel – Silverwater – Bus Cost: \$25 (subsidised) \$61 standard fee clients – Lunch Cost: \$25-\$35.	
Thursday 25th June BOTH SIDES ✓  	Woolooware Golf Club/Cape Solander – Whale Watching – Come along for a delicious lunch, then get ready for a little adventure as we head to Cape Solander to try our luck spotting some magnificent whales. Just a heads up a bit of walking and steps but the view is stunning. Bus Cost: \$30 (subsidised) \$72 standard fee clients – Lunch Cost: \$25-\$35	
Tuesday, 30th June BOTH SIDES ✓	Anglers Rest Hotel/Pie in the Sky – After a scrumptious lunch we will stop at Pie in the Sky to stock up for winter with some home-made pies, do not forget to bring a cooler bag. Bus Cost: \$30 (subsidised) \$72 standard fee clients – Lunch Cost: \$25-\$35	

Pre-payment Summary

NOTE: Please make pre-payment when booking via phone - have your credit/debit card ready.
 Bus Cost is charged on day of outing. **Sorry, but no refunds if you cancel.**

Hunters Hill Theatre <ul style="list-style-type: none"> • Saturday, 20th June 2026 • Lunch at own expense • Bus Cost - \$20/\$55 	Ticket Cost	\$32.50
TOTAL PRE-PAYMENT		\$32.50

SHOPPING & SHUTTLE SERVICES		
All Services must be pre-booked and are door-to-door		
SERVICE	DAY	TIMES
Macquarie Shopping Centre Assisted Service \$15/\$44	TUESDAYS	Arrive 10.00am Depart 12.00 noon
Macquarie Shopping Centre Assisted Service \$15/\$44	FRIDAYS	Arrive 9.30am Depart 12.30pm
Cox's Rd, North Ryde Shopping Centre \$15/44	THURSDAYS	Arrive 11.00am Depart 1.00pm
Gladesville Shopping Centre \$15/\$44	FRIDAYS	Arrive 9.30am Depart 11.30am
Lower North Shore Shuttle	MONDAY - FRIDAY	Operates between 8.00am and 5.00pm
North Ryde RSL Shuttle FREE SERVICE	MONDAY - FRIDAY	Operates between 9.00am and 5.00pm
Limit of 2 bags per person. No Shopping trolleys. All Services must be pre-booked.		

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Open to View -

Monday 4th May 2026 from 2pm to 3pm

Monday 18th May 2026 from 2pm to 3pm

Monday 1st June 2026 from 2pm to 3pm

Monday 15th June 2026 from 2pm to 3pm

Contact Greg Murphy on 9299 3951 or 0434 616 509
or visit vasey.com.au for more information.

Vasey.

EPPING MANOR

43 - 45 Kent Street, Epping

*Prices based on our 30% Deferred Management Fee contract. Correct as at April 2026.

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