

KEEP  
COOL  
IT'S  
SUMMER



## January & February 2026

Happy New Year and a huge welcome back to all! We can't wait to share a year full of fun and adventure with you – whether it's a short day out or a full day of exploring, we've got something special in store for everyone.

Be quick and book your seat early – email us at [social@stryder.org.au](mailto:social@stryder.org.au), hop onto our website or give the office a call. If by chance you find yourself on the dreaded waiting list, don't despair, you might just snag a last-minute ride and join in all the fun after all.

### Upcoming Highlights

- Special Chinese New Year - Lunch
- Art Gallery – Special Exhibition
- Malia's Mystery Trips (weekdays)
- Scenic Beach Drives
- Newly renovated Hunters Hill Hotel

### Client Survey

For those clients who were unable to attend the Stryder AGM, please find enclosed our Client Survey. We would love to receive your candid feedback about your experiences with us. The survey will close on Friday, 30 January 2026 – 5pm and we would be happy to receive your feedback before then. Please return your survey in the enclosed envelope or hand it to one of our drivers. If you have any questions, please contact Robyn on 9816 5000.

### Statement of Rights

Please find enclosed a Statement of Rights from My Aged Care for your information. This explains the rights older people will have accessing aged care services funded by the Australian Government. If you have any concerns, you can contact your aged care provider, speak with an advocate on 1800 700 600 or contact the Aged Care Quality and Safety Commission on 1800 951 822.

### General News

Our office team have moved to the Crows Nest Office! The Stryder telephone number and service are still the same (9816 5000). Please also note that Stryder will be **operating for transport** on Monday, 29<sup>th</sup> December 2025, Tuesday, 30<sup>th</sup> December 2025, Wednesday, 31<sup>st</sup> December 2025 and Friday 2<sup>nd</sup> January 2026. If you require transport during this time, please call the office to book and we will be back in contact to confirm your booking. We will operate the Macquarie Shopping Bus on Friday, 2nd January 2026 so please call the office to book.

We would like to give a huge, heartfelt shout-out to our wonderful Business Development Manager, Cathy Wanny, for almost five incredible years of hard work, dedication and pure "can-do" magic at Stryder. Cathy's positivity has been contagious - she's always the first to roll up her sleeves and pitch in. We wish Cathy all the excitement and success in her next big adventure.

We would also like to extend our sincere thanks and bid farewell to our valued office volunteers, Julie and Kathryn. Julie has generously contributed her time in the office on Mondays, and Kathryn on Thursdays. Kathryn has volunteered with Stryder for the past 8 years. Julie will still volunteer as one of our wonderful bus assistants. We deeply appreciate the dedication, support, and wonderful work you have both provided – your efforts have made a lasting difference, and you will be greatly missed.

Please be advised that the office will be closed on Monday, 26<sup>th</sup> January 2026 for Australia Day – Public Holiday and reopen on Tuesday, 27<sup>th</sup> January 2026.

Robyn Musgrave – Social Coordinator

Accessible Key Guide	
<b>Good Access</b>	✓
<b>Stairs</b>	
<b>Easy Walking</b>	
<b>Moderate Walking</b>	
<b>Lots of Walking</b>	
We have introduced these accessible symbols that indicate whether the social trip has stairs to be negotiated and the amount of walking required.	

### Client Xmas Lunch- Camden Valley Inn



Guide To Bus Cost	
Bus Cost for subsidised clients	The subsidised rate is for eligible clients over 65. It is called the Commonwealth Home Support Program (CHSP). The majority of Stryder's clients already receive CHSP subsidised rates. We also have a different bucket of funding we can use for eligible clients under 65. Please call the office and discuss with the client service team to see if you are eligible.
Standard Bus Cost for Home Care Package Clients	For clients who are on a Home Care Package (HCP), we charge our standard rate to your HCP provider. Other clients who choose <u>not</u> to go through My Aged Care are required to pay the standard rate and be on account (no cash payments).
NOTE: Cost of trip includes the bus trip only. Any morning tea, lunch and entry fees are extra and paid directly to the venue (unless we request prepayment).	



	<h2>JANUARY SOCIALS</h2> <p>View and book at <a href="http://www.stryder.org.au/events">www.stryder.org.au\events</a> Or call 9816 5000</p>	<ul style="list-style-type: none"> <li>• Subsidised bus cost is GST free</li> <li>• Standard Fee Bus Cost includes GST</li> </ul>
<b>Date</b>	<b>Description</b>	
<b>Thursday 8<sup>th</sup> January BOTH SIDES</b>	<b>Carnarvon Golf Club – Lidcombe</b> Bus Cost \$20 (subsidised) \$55 standard fee clients – Lunch Cost \$25-\$35 ✓	
<b>Monday 12<sup>th</sup> January</b>	<b>North Ryde RSL – Free Transport &amp; \$18 lunch specials</b> Bookings can be made for any day of the week (Monday – Friday). Please advise time of arrival and departure when making your booking. ✓	
<b>Tuesday 13<sup>th</sup> January BOTH SIDES</b>	<b>Manly Leagues Club/ Scenic Drive</b> <b>Bus Cost: \$25 (subsidised) \$61.50 standard fee clients - Lunch Cost: \$25-\$35 ✓</b>	
<b>Thursday 15<sup>th</sup> January BOTH SIDES</b>	<b>Malia Mystery Trip</b> <b>Malia Mystery Trip</b> – join us for a day full of excitement and adventure. <b>Bus Cost: \$25 (subsidised) – \$61.50 standard fee clients – Lunch Cost: \$25-\$35 ✓</b>	
<b>Tuesday 20<sup>th</sup> January WEST SIDE</b>	<b>Yarra Bay Sailing Club</b> – come and treat yourself to a delicious set menu by the sparkling waters of Yarra Bay, just a stone's throw from the stunning shores of La Perouse. Sit back, relax, and soak up the sea breeze.	
<b>Thursday 22<sup>nd</sup> January EAST SIDE</b>	<ul style="list-style-type: none"> <li>• Crumbed calamari with chips &amp; salad</li> <li>• Beer Battered Fillet of fish with chips &amp; salad</li> <li>• Chicken Schnitzel with chips &amp; salad</li> <li>• Pennie Boscaiolo, bacon, shallots, mushrooms &amp; cream</li> <li>• Beef Burger with chips</li> <li>• Also includes Dessert of the day with ice-cream, tea &amp; Coffee – self serve.</li> </ul> <p>Please advise choice of meal and any dietary requirements at time of booking. If we do not get enough numbers, we will combine both trips.</p> <p><b>Bus Cost: \$25 (subsidised) \$61.50 standard fee clients Lunch Cost \$25 payment on the day. ✓</b>  <b>(If you cancel on the morning of outing you will be charged for your meal).</b></p>	
<b>Wednesday 28<sup>th</sup> January BOTH SIDES</b>	<b>Art Gallery of NSW – Dangerously Modern: Australian Women Artists in Europe 1890 – 1940</b> – Come and explore the art and lives of 50 trailblazing women artists. <b>Bus Cost: \$20 (subsidised) \$55 standard fee clients - Lunch at own expense – Ticket Cost for this exhibition is \$32 and tickets can be purchased at the entry to the Gallery. Independent clients – must have mobile phone.</b> Our driver will drop clients off at 11am and return to collect at 1.30pm.  ✓	
<b>Thursday 29<sup>th</sup> January BOTH SIDES</b>	<b>Glenorie RSL/Flower Power Glenhaven</b> <b>Bus Cost: \$25 (subsidised) \$61.50 standard fee clients - Lunch Cost: \$25-\$35 ✓</b>	



## FEBRUARY SOCIALS

View and book at [www.stryder.org.au\events](http://www.stryder.org.au/events)

Or call 9816 5000

- Subsidised bus cost is GST free
- Standard Fee Bus Cost includes GST

Date	Description
Monday 2 <sup>nd</sup> February BOTH SIDES	<b>North Ryde RSL – Free Transport &amp; \$18 lunch specials</b> Bookings can be made for any day of the week (Monday – Friday). Please advise time of arrival and departure when making your booking. ✓
Tuesday 3 <sup>rd</sup> February BOTH SIDES	<b>Chatswood Westfield – <u>Independent clients only – must have a mobile!</u></b> There will be no bus assistant on this adventure, so come and wander, shop at your own pace, and treat yourself to a delicious lunch at one of the many charming cafes waiting to welcome you. Driver will drop off at 11am and return at 1pm. <b>Bus Cost: \$20</b> (subsidised) <b>\$55</b> standard fee clients. Lunch at own expense. 
Thursday 5 <sup>th</sup> February BOTH SIDES	<b>The Willarongs Bowling Club (New Venue - Caringbah) /Reverse Garbage – Creative Op Shop - Marrickville</b> <b>Bus Cost: \$25</b> (subsidised) <b>\$61.50</b> standard fee clients - Lunch Cost: \$25-\$35 ✓
Wednesday 11 <sup>th</sup> February WEST SIDE & BOTH SIDES	<b>Mooney Mooney Club – set menu – Pre-payment \$27</b> <ul style="list-style-type: none"><li>• Chicken Schnitzel – Chips, Salad &amp; Gravy</li><li>• Beer Battered Fish &amp; Chips, Salad, Tartare sauce &amp; Lemon</li><li>• Grilled Chicken Salad – with balsamic dressing</li></ul>
Thursday 12 <sup>th</sup> February EAST SIDE	Please advise choice of lunch when booking and dietary requirements. No refunds if you cancel. <b>Bus Cost: \$30</b> (subsidised) <b>\$72</b> standard fee clients ✓
Wednesday 18 <sup>th</sup> February BOTH SIDES	<b>Chinese New Year Celebration/Cabramale Club Resort</b> – 2026 is the year of the Horse. Come and enjoy some delicious Chinese cuisine. <b>Bus Cost: \$25</b> (subsidised) <b>\$61.50</b> standard fee clients - Lunch Cost: \$25 - \$35 ✓
Thursday 19 <sup>th</sup> February BOTH SIDES	<b>Malia's Mystery Trip</b> - join us for a day full of excitement and adventure. <b>Bus Cost: \$25</b> (subsidised) <b>\$61.50</b> standard fee clients – Lunch Cost: \$25-\$35 ✓
Tuesday 24 <sup>th</sup> February BOTH SIDES	<b>Hunters Hill Hotel (newly renovated!)</b> <b>Bus Cost: \$15</b> (subsidised) <b>\$44</b> standard fee clients – Lunch Cost: \$25-\$35 ✓
Thursday 26 <sup>th</sup> February BOTH SIDES	<b>Club Palm Beach/Scenic Drive</b> <b>Bus Cost: \$25</b> (subsidised) <b>\$61.50</b> standard fee clients – Lunch Cost: \$25-\$35 or you can choose off main menu or special menu ✓

## SHOPPING & SHUTTLE SERVICES

All Services must be pre-booked and are door-to-door

<b>SERVICE</b>	<b>DAY</b>	<b>TIMES</b>
Macquarie Shopping Centre Assisted Service \$15/\$44	<b>TUESDAYS</b>	Arrive 10.00am Depart 12.00 noon
Macquarie Shopping Centre Assisted Service \$15/\$44	<b>FRIDAYS</b>	Arrive 9.30am Depart 12.30pm
Cox's Rd, North Ryde Shopping Centre \$15/44	<b>THURSDAYS</b>	Arrive 11.00am Depart 1.00pm
Gladesville Shopping Centre \$15/\$44	<b>FRIDAYS</b>	Gladesville pickups Arrive 9.25am Depart 11.30  Hunters Hill pickups Arrive 10.15 Depart 12.30
Lower North Shore Shuttle	<b>MONDAY - FRIDAY</b>	Operates between 8.00am and 5.00pm
North Ryde RSL Shuttle  <b>FREE SERVICE</b>	<b>MONDAY - FRIDAY</b>	Operates between 9.00am and 5.00pm
<b>Limit of 2 bags per person. No Shopping trolleys. All Services must be pre-booked.</b>		

## Pre-payment Summary

NOTE: Please make prepayment when booking via phone - have your credit/debit card ready.  
Bus Cost is charged on day of outing. **Sorry, but no refunds if you cancel.**

<b>Mooney Mooney Club</b> <ul style="list-style-type: none"><li>Wednesday, 11<sup>th</sup> February &amp; Thursday 12<sup>th</sup> February</li><li>Meal Cost</li><li>Bus Cost - \$30/\$72</li></ul>	<b>Meal Cost</b>	<b>\$27</b>
	<b>TOTAL PREPAYMENT</b>	<b>\$27</b>

<b>Hunters Hill Lodge Luncheon</b> <ul style="list-style-type: none"><li>Date to be confirmed.</li><li>Bus Cost - \$15/\$44</li></ul>	<b>Lunch</b>	<b>TBC</b>
	<b>TOTAL PREPAYMENT</b>	<b>TBC</b>



## Chinese New Year Hunters Hill Lodge Expression of Interest

If you would like to join the fun at the fabulous Chinese New Year luncheon at Hunters Hill Lodge, give the office a call to secure your seat. Once everything is confirmed, Robyn will reach out with all the exciting details!

## Our Advertisers

### Affordable Retirement Living in Hunters Hill One Bedroom Units available NOW from \$250,000 to \$260,000\*



Unit 7 - Ground Floor



Unit 29 - Top Floor with lift access

Secure one-bedroom apartments with reverse cycle air-conditioning, nestled on the leafy Hunters Hill peninsula. Wurley Court offers just 35 apartments incorporating the original heritage listed home of the Windeyer family, with a tastefully renovated community room.

**Open to View -**

**Wednesday 17th December 2025 - 10am to 11am**

**Wednesday 14th January 2026 - 10am to 11am**

Contact Janne Scott on 9299 3951 or Jo Doyle on 0478 668 149  
or visit [vasey.com.au](http://vasey.com.au) for more information.

**Vasey.**

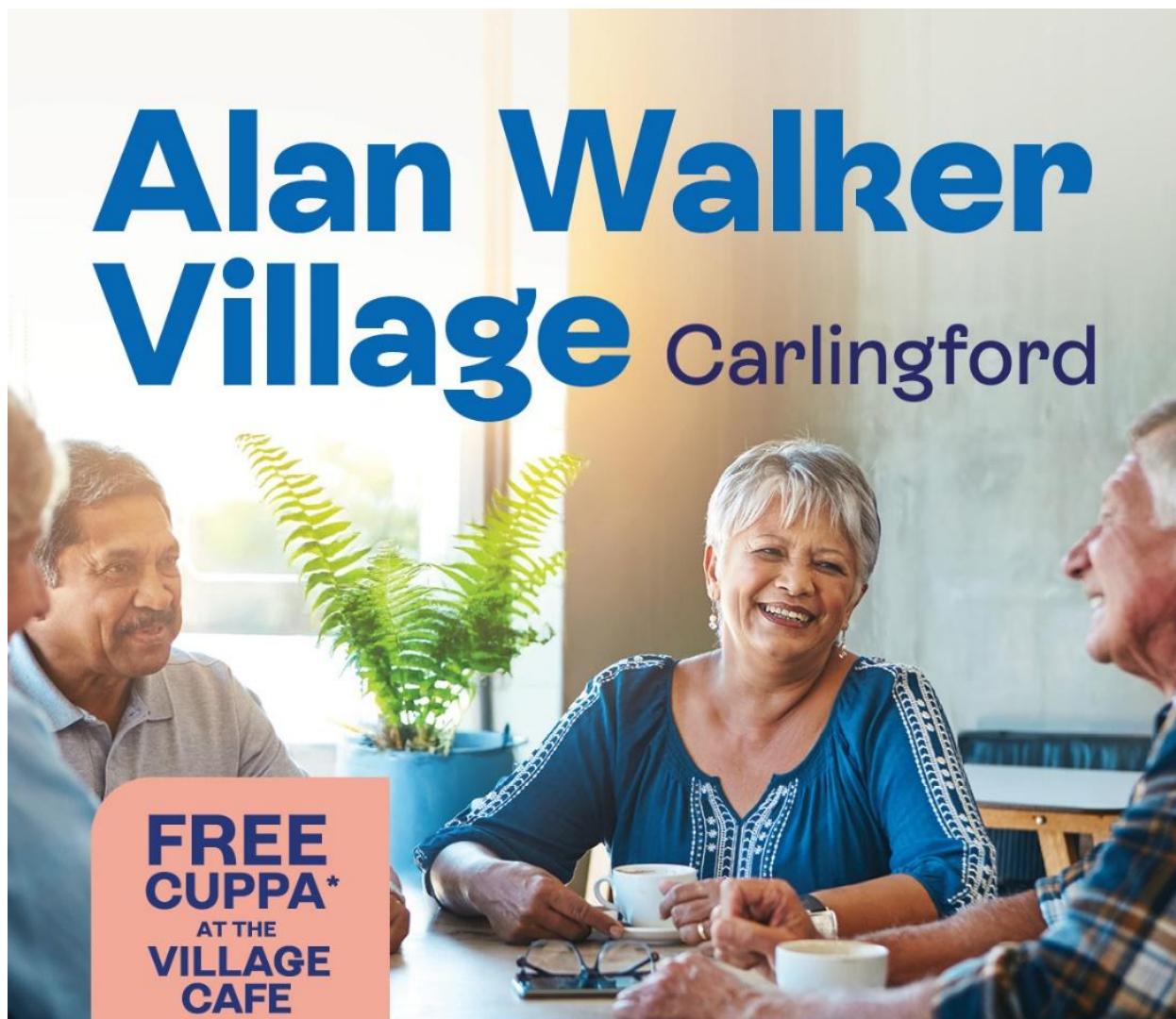
**WURLEY COURT**

**8 Passy Avenue, Hunters Hill**

\*Prices based on our Affordable Entry Contract. Correct as at November 2025.

## Our Advertisers

# Alan Walker Village Carlingford



**FREE CUPPA\***  
AT THE  
**VILLAGE CAFE**

\*When you mention this ad

Come see how our friendly village brings people together, with coffee, conversation, and support always close by. Stroll through lush gardens, tour a home, and explore the community centre, pool, workshop, and libraries.

**It's easy living surrounded by good company.**

**Spring Open Homes**

**Visit Alan Walker Village**  
1 Dalmar Place, Carlingford  
Thursdays 11–1pm

**We'd love to welcome you!**  
Chat with Adam to plan your visit – 0434 608 003

**wesley mission** 