



Your Community Transport Provider

Going places.

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Christmas/New
Year Closure

Stryder will be closed
from 12.00 on Friday,
24 December 2021
and will reopen on
Tuesday,
4 January, 2022

May your Christmas
and new year be full
of joy and happiness.

Stay safe.

Editorial



With all the challenges the past two years have brought us, I'm sure you are all looking forward, with me, to 2022.

At Stryder we are busy planning events, social trips as well as improving process to ensure all our customers are receiving exceptional service. Thank you to those who have provided feedback, both at our recent consumers meeting and directly to the team. We value all feedback and welcome ideas on new services.

Meet & Greet the Team

If you're new, or newish, to Stryder we would like to invite you to attend a morning tea in our garden on Wednesday, 2nd February. This is a great opportunity for you to meet the team, ask those burning questions, and learn about how Stryder can best help you. Free transport! Please RSVP to Robyn on 9816 5000.

We plan to hold one every 6 weeks, so if you can't make this one, give us your details and we'll let you know the date.

Now also operating Saturdays

- Medical Transport
- Everyday Flexiride Transport
- Social Outings
- Build your own trip

2022, here we come

Social Saturdays

We are also now offering additional social trips on Saturdays. These include our popular Mystery Trips and our new Scenic Saturdays. Spread the word, we're happy to have more clients join in this popular program. Our Social program can be viewed on our website or we can email or post one, on request.

NDIS Transport

An emerging group of people who use Stryder are NDIS participants. We provide certainty, driver familiarity and extra care to passengers, and as a registered NDIS provider we are a trusted and accredited provider.

At our recent team training day, staff received further training on assisting people with diverse needs, from understanding complexities of helping people with a disability to cultural awareness. As usual, the team embraced everything they learnt and we are regularly receiving positive feedback.

If you know of anyone who would like to use Stryder, please give them our number, we'd love to talk to them. They can also visit our brand new website, where there is lots of information on what we do and how to join our service.

Virginia Coy
General Manager

Thank you to our Volunteers

Praise for our Volunteers

We are so pleased to have our volunteers back on board. Please join us in giving them a hearty thank you for all the work they do.

Volunteer, Ian Dear was recognised recently by Volunteer NSW and awarded Senior Volunteer of the Year for our region. Well done, Ian.



Stryder is led by a very capable Management Committee. In October the following people were elected: John Nesbitt (treasurer), David Martin (president), Anna Buddo, Craig Chung, Russell King (secretary), Greg Rich and Ian Dear. Pictured below.



COVID-Safe Update

I would like to assure our customers that the following protocols remain in place for your safety:

- Masks to be worn in vehicles
- Temperature testing & hand sanitise before entering vehicle
- 75% passenger capacity in big buses
- Vehicle sanitisation practices still in place
- All staff and volunteers are fully vaccinated
- Please don't travel if you're unwell

NEW BUS!

We would like to thank John Alexander, MP for supporting our grant application. We were successful in receiving funding that went towards the purchase of our new Toyota Commuter. JA popped by the office to have a look in person. The addition to our fleet is helping to grow and help more people from diverse walks of life.



“Thank you for your support over all these years and for the memories. Farewell Stryder friends.” Daphne Faulkner

Daphne has been using Stryder for more than 20 years and she rang me to let me know she has now moved to the Central Coast to be near her family. She was very sad to leave her home in North Ryde that she lived in for 67 years. Not only does she miss her home and garden, but more importantly, her neighbours and friends.

Daphne wants to say goodbye to all her friends at Stryder, in particular, our drivers, Yaqub, Nao-to and Malia and, of course, Robyn in the office. *“Without your care and kindness I wouldn't have been able to live in my own home for as long as I have,”* says Daphne. *“I have truly appreciated the friendships and memories made with many clients over the years and sorry I couldn't say goodbye to you all in person.”* Daphne plans to keep in touch with Stryder and hopefully meet up at some point with everyone.



Mixing with Royalty! A client story.

Edna Emery has been using Stryder's medical and social services on and off for 6 years and she has a lovely tale to tell of her time working in a circus.

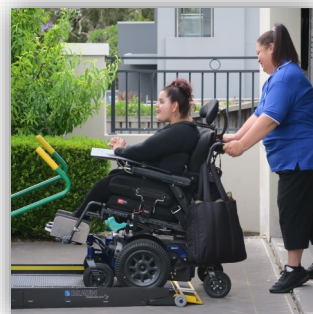
Edna was born in Sale, Cheshire and moved to Windsor (England) at the age of 18 where she worked for the famous Billy Smart Circus in the wardrobe department, creating costumes and making sure all the celebrities were properly attired. Each year during the winter season she would holiday in Florida with the crew. Her boss, David Small, was in charge of putting together the circus program for the Queen and it was shown on TV after the Queen's Christmas Day message. David and the Duke of Edinburgh were very good friends, and she would often see the Duke visiting the circus on several occasions.

She also remembers the time Princess Margaret and Anthony Armstrong Jones came to see the circus. *"Princess Margaret had the most beautiful skin and Anthony Armstrong Jones was very good looking,"* she reflects. Edna also rubbed shoulders with other guests including Roger Moore and Stanley Baker.

On a holiday to Australia with a girlfriend, Edna ended up staying and her circus days were over. She happily met her husband, John, who was studying Electrical Engineering at University and they married and had three children.

"Looking back on my time in Windsor, it was pretty exciting", Edna said.

Thank you for sharing your fascinating story Edna. Such lovely memories. If you have a story to tell, please send in to Robyn.



Happy Snaps

Gingerbread Recipe

Ingredients

150g butter
100g brown sugar, firmly packed
150g golden syrup
1 egg yolk
375g plain flour
1tsp mixed spice
1 tsp ground ginger (increase for stronger flavour)
1 tsp bi-carb of soda
Pinch of salt

For decorating

White icing pen or melted white chocolate
Red & green M&Ms

Instructions

- Preheat oven 180°, line 2 baking trays with baking paper;
- Electric beater to cream butter and brown sugar until pale & creamy;
- Add golden syrup & egg yolk, beat until combined;
- Stir through plain flour, mixed spice, ground ginger, bi-carb & pinch of salt
- Turn onto lightly floured board & knead into a ball.
- Wrap in cling wrap & place in fridge for minimum 1hr;
- Place dough between 2 sheets of baking paper roll out until 3-4mm thick. Cut out into desired shapes and place onto prepared trays;
- Bake for 8-10mins
- Cool on trays for 10mins transfer to wire rack
- Once fully cooled decorate
- Store in airtight container for up to 1wk - Enjoy

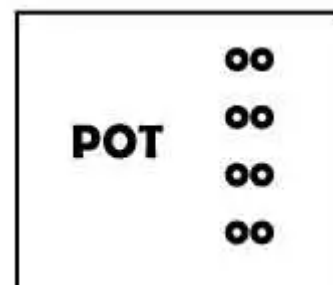
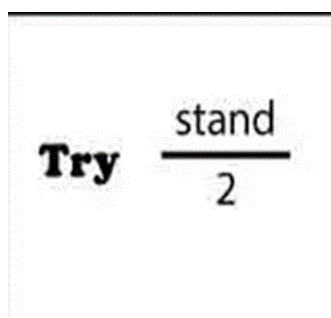


SHOPPING & SHUTTLE SERVICES

Macquarie Centre	Tuesdays & Fridays
Cox's Road Shops, North Ryde	Thursdays
Gladesville Shopping Village	Fridays
NEW Carlingford Court trial January– March 2022	Wednesdays
Lower North Shore Shuttle	Monday to Friday

**BOOK VIA WEBSITE OR
BY CALLING 9816 5000**

Special Competition—first client who rings in or sends Stryder the correct answer will receive a trip free.



Stryder

PO Box 162

Gladesville, 1675

Ph: (02) 9816 5000

Email: info@stryder.org.au

Website: www.stryder.org.au

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Going places.

DONATE TO STRYDER As a not-for-profit charity, Stryder welcomes all donations. Please visit www.stryder.org.au/donate/ if you would like to support us in this way. Thank you.